



June 2005

Serving Southwest Oklahoma and North Texas

Supplement to Oklahoma Living

www.harmonelectric.com

67th Annual Meeting

It was a beautiful day for the 67th Annual Meeting of Harmon Electric Association, Inc. Approximately 250 members and guests attended the Annual Meeting in Hollis.

Around 80 people took advantage of the Health Fair that was sponsored by the Jackson County Memorial Hospital. The Child ID Program was also conducted during the Annual Meeting. This is the thirteenth consecutive year that HEA, along with the Hollis Police Department, and the Harmon County Sheriff Department have given parents an opportunity to obtain a permanent record of their child's fingerprints.

After the welcome and opening remarks by Burk Bullington, President of the Board of Trustees, Dwight Bowen, CEO/General Manager, introduced the guests, Board Members, and employees and brought the membership up-to-date on the current issues facing HEA.

Martin Gonzales, 2004 Harmon Electric Youth Tour Winner, told the membership about some of his experiences in Washington D.C. and expressed his gratitude to the membership and the board of trustees for their support of the Youth Tour program.

Larry Watkins, General Manager of the Oklahoma Association of Electric Cooperatives, spoke to the members and guests, after which the business session was held.

There was not an election held in districts 1 and 5. Pete Lassiter and Burk Bullington both ran unopposed and will serve a three-year term.

















In This Issue:

67th Annual Meeting 1	& 2
Attic Inulation A Must	2
Co-op Connections Program	3

Play It Safe With Hot Water	
Attention Irrigators	
Classified Ads	
Recipe of the Month4	
Hidden Account Number4	

The winners of the prizes & money at the annual meeting were:

\$50.00 District #1: Jerry Hahn \$50.00 District #2: Clarence Pruett \$50.00 District #3: Murel Cearly \$50.00 District #4: Shelton Bennefield \$50.00 District #5: Beatriz Ward \$50.00 District #6: Felicia Norton \$50.00 District #7: Marjorie Lasater Coffee Maker: Larry Argo Food Processor: Norman Williams Rechareable Spotlight: Ivan Argo 3 in 1 Cordless Mixer: W. D. Smith Grilling Machine: Joseph Glenn Fire Safe: Junior Norton Digital Rain Guage: Joe Hillix Air Purifier: Marvin Williams Paper Shredder: James Taylor Gizmo Cordless Crater: Max Caswell 12-Volt Inflater: Ella Sherrill Tackle Box: Doyle Penington Charcoal Grill: A.O. Heintz Horse Shoes: Lawayne Drury Atomic Clock: Ralph D. Mitchell 5 qt. Crock Pot: Ronald Zimmerman Bird Feeder: Billy Joe Burcham Carbon Monoxide Alarm: Bill Holder Dirt Devil Scorpion: David Morris 20 pc. Socket Set: Alton Ward Cool Touch Toaster: Mrs. Homer Simmons Electric Knife: Corinth Baptist Church

Kitchen Kettle: J.L. Maddox Jr. Electric Skillet: Gale Caswell Tower Fan w/Radio: Terry Daniel Gizmo Steam & Crease: James Taylor Jr. Electric Griddle: Harmon Co. Sheriff Court House Weed Eater: Shirley Orr 4-slice Toaster Oven: Jack Bock 11-pc. Wrench Set: Nicky Boone Iced Tea Maker: Elton Thompson 6-Volt Cordless Drill: Forrest Drury Automatic Jar Opener: Jim Shaver Can Opener: Joe Cornett Shop Vac: Michael Moore Water Sprinkler: Burl Reddin Floor Lamp: Lillie Bynum 2 Portable Chairs: Hershell Vaughan Convertible Work Light: Claudine Gillian Humidifier: Clyde Hickerson Rechargeable Light: Sulphur Baptist Church Rechargeable Light: Dudley Testerman Sandwish Maker: Winfred Allen Lean Mean Grilling Machine: Leo Freeville \$50.00: Eloise Kizer \$100.00: Conner Farms c/o Carolyn Shumaker CallOkie Pocket Watch: + 2 Hats: Billy Searcy CallOkie Shirt + 2 Hats: Wilbur Tillman CallOkie OK Book: E.C. Watsel DVC/CD Player: Garland Jones





ATTIC INSULATION: A MUST FOR ANY SEASON

The insulation in your attic not only keeps winter's icy fingers from reaching into your attic, it also keeps hot air out during summer.

A poorly insulated attic wastes energy, which can raise your utility bills. If the insulation in your attic measures less than 6 inches thick or has an R value of less than 20, consider adding more. An idea, amount between 12 and 20 inches (R-25 to R-50).

Before installing it yourself, repair any leaks in the roof, which can let in water that will damage your home and your insulation.

Likewise, seal any air leaks — common near chimneys, light fixtures and pipes--to minimize heat gain in the summer and heat loss in the winter.

In addition, the wiring in your attic should be modern and plastic coated. Hire a licensed electrician to update old wiring, as it's a fire hazard.

Construct a barrier around the opening to your attic so insulation doesn't fall into your home when you open it — especially if you loss-fill insulation.

HARMON ELECTRIC ASSOCIATION Incorporated 114 North First Hollis, OK 73550

Operating in Beckham, Harmon, Jackson, Kiowa and Greer Counties, Oklahoma Hardeman and Childress Counties, Texas

Member of

Western Farmers Electric Cooperative Oklahoma Association of Electric Cooperatives National Rural Electric Cooperative Association National Rural Telecommunications Cooperative Texas Electric Cooperative, Inc. Oklahoma Rural Water Association, Inc. www.harmonelectric.com

HARMON ELECTRIC HI-LITES Charles Paxton, Editor

The Harmon Electric Hi-Lites is the publication of your local owned and operated rural electric cooperative, organized and incorporated under the laws of Oklahoma to serve you with low-cost electric power.

Dwight BowenManager

BOARD OF TRUSTEES

Donne of Incolled	
Pete Lassiter	District 1
J.B. McAlexander	District 2
Clinton Nesmith	District 3
Bob Allen	District 4
Burk Bullington	District 5
Jean Pence	District 6
Billy R. Nowell	District 7
Charles Horton	
	J

Monthly Board of Directors meetings Held Fourth Thursday of Each Month

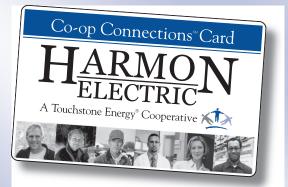
IF YOUR ELECTRICITY GOES OFF REPORT THE OUTAGE

We have a 24-hour answering service to take outage reports and dispatch servicemen. Any time you have an outage to report in the Hollis or Gould exchange area, call our office at 688-3342. Any other exchange area call toll free, 1-800-643-7769.

TO REPORT AN OUTAGE CALL 688-3342 or 1-800-643-7769 ANYTIME



The Touchstone Energy[®] Co-op Connections[™] program!



Because you are a member of Harmon Electric Association, Inc., a Touchstone Energy cooperative, you can now receive discounts on products and services from participating local and national businesses with your Co-op Connections Card.

A list of participating local businesses will be provided in future issues of the "Hi-Lites" or log onto www.harmonelectric.com to view a complete list of businesses and discount offerings. As the program grows, we expect more businesses to participate.

Play It Safe With Hot Water

You like steamy, hot showers but you're concerned about your family's safety. Where should you set your water heater's thermostat?

Most energy experts will tell you that 120 degrees is more than adequate for a family's water needs. That temperature provides enough hot water for a comfortable shower, and most dishwashers will operate just fine at this setting.

A bonus of lowering the thermostat from the 140-degree setting once preferred for hot water heaters: You'll save energy. More important, you might save someone in your family from being scalded by water that's too hot.

Tap water that is too hot can burn your skin in just a second. Just dipping your foot in bath water at 160 degrees can cause second and third-degree burns instantly; 140-degree water burns in one and one-half to five seconds. In fact, water that's hotter than 125 degrees can scald.

At greatest risk are children, the elderly and people with disabilities.

Still, you can set your thermostat too low.

Some state energy codes suggest temperatures as low as 100 degrees to avoid scalding. But recent studies have shown that a tank filled with warm or tepid water can be a breeding ground for bacteria like the kind that cause Legionnaires' Disease.

So play it safe without sacrificing comfort or your health. Set your water heater's thermostat no higher than 120 degrees and make sure it remains on the warm or low setting. 37500

Being a member of a Touchstone Energy cooperative has benefits.

To receive discounts, simply show your Co-op Connections card to any participating business listed on our site or displaying a Co-op Connections window sticker.

We are working with our fellow Touchstone Energy cooperatives to establish more and more valuable discounts. Touchstone Energy is a nationwide alliance of more than 600 local, member-owned electric cooperatives. Each is owned by the people it serves and dedicated to upholding the cooperative principles of innovation, integrity, accountability and commitment to community.

There is no charge to you for this program. This is just one more way you benefit from being a cooperative member. If you have any questions, please call Charles Paxton at Harmon Electric, (800) 643-7769 or by e-mail at cpaxton@harmonelectric.com

ATTENTION IRRIGATORS

If you have signed up for the irrigation load control rates, there are some things that you may need to be aware of.

The peak period is 4pm to 8pm beginning on June 20th and ending on September 5th.

During this time period when Western Farmers calls a peak day, Harmon Electric will be controlling load

with the load control devices on the irrigation accounts. When the load is being controlled there will be a red light on the front of the load control box. During this time period you will not be able to run the irrigation motor. As soon as the period is over Harmon Electric will restore power and the red light will blink white and you will then be able to start irrigating immediately.

THE REAL

Also, any time the switch on the main breaker box is pulled, there will be a delay of up to 8 minutes before you can restart the motor. When the switch is pulled the light will go out on the load control box. When the power is restored the red light will be on during the delay. After the delay a white light will blink indicating that the motor can be started.





CLASSIFIED ADS

Ford Tractors, 2 - 600 Fords, restored, 1 - 801 LP Ford, restored, 1 - 70 hp Evinrude Boat motor, call (580) 688-2477.

98 Dodge 1 Ton Dually, 5 speed trans, 6 cyl Cummins diesel, 190,000 miles, 35' Altec Single Basket, \$8,000, call Gary at HEA, (580) 688-3342, (800) 643-7769 or e-mail at grippetoe@harmonelectric.com.

House for Sale in Duke: Large corner lots -3 BR -13/4 bath - large utility room - wood burning stove in living room -2 blocks from school. Price \$39,500, call (580) 679-3938 or cell (580) 679-4787.

10 General LMT 460, 225/70R19.5 tires with less than 10,000 miles, \$150 each, call Gary at HEA, (580) 688-3342, (800) 643-7769 or e-mail at grippetoe@harmonelectric. com

House For Sale: Large corner lot, 4 bedroom, 2 3/4 bath, den, living room, large country kitchen, very comfortable, must see to appreciate, 301 E Chestnut, Hollis, call (580) 688-2913.

Recipe of the Month

Classified ad space is offered free to Harmon Electric Association Members. Send your ad to Harmon Electric Association, P.O. Box 393, Hollis, OK 73550 for next month's issue. Ads will be run one month only and must be resubmitted if you still wish the ad to be run. Service ads will be run three months before they must be resubmitted.

Chessy Ham & Macaroni

- 1 1/8 oz. package white sauce mix* 2 cups milk
- 1/2 cup grated parmesan cheese
- 1/2 cup cubed American cheese
- 1/8 teaspoon ground pepper

7 ounces macaroni, cooked according to directions, drained

- 1 1/2 cups fully-cooked ham
- 1 cup frozen grean peas

Thaw the frozen peas. In a large saucepan stir together white sauce mix and milk.* Following package directions, cook until thickened. Stir in cheese and pepper. Add macaroni, ham and peas and cook, stirring until heated through. Serve hot.

Serves 6. *If you want to make a white sauce from scratch, melt 4 tablespoons butter in a saucepan. Stir in 1/4 cup flour and cook until mixture bubbles. Stir in 2 cups milk and cook, stirring until thickened.



Hidden Account Number Worth \$20.00

Mr. Ron Frost did not locate his hidden account number 254501 which was located in the "Harmon Electric and Western Farmers Electric Cooperative Pays \$277,196 in Taxes to School Districts" section on the third page of the May 2005 issue of the "Harmon Hi-Lites." The hidden map location for June 2005 is worth \$20.00.

Remember the contest rules as you search you "Harmon Hi-Lites."

1. The hidden account number must be your own. Find the account number somewhere in the newsletter and compare the number listed in the lower left corner of your power bill, if same it is your number.

2. Your number must be reported by the 12th of the same month of publication of the newsletter.

3. You must report your own number to the association's headquarters office in Hollis, Oklahoma by phone, mail or in person.

4. Money will accumulate at the rate of \$10.00 per month until the number is found or until January 1, 2006.